

FORT SAM HOUSTON News Leader

JULY 31, 2008 • VOL. 50, NO. 30

"HOME OF ARMY MEDICINE"

The official party that includes J. Randall Robinson (left) director, U.S. Army Installation Management Command-West Region; Col. Mary Garr (left, front), incoming commander, U.S. Army Garrison Fort Sam Houston; Col. Wendy Martinson (center) outgoing garrison commander; and Maj. Gen. Russell Czerw (far right), commanding general, Fort Sam Houston and Army Medical Department Center and School, perform a symbolic tour of the garrison before the change of command ceremony Tuesday at the post's main flagpole.

Garrison welcomes new commander

Story and photo by Minnie Jones
Fort Sam Houston Public Information Office

Fort Sam Houston bids Col. Wendy Martinson farewell during a change of command ceremony Tuesday at the post's main flagpole. Martinson, who has been the garrison commander for three years, relinquished her command to incoming commander Col. Mary Garr.

The ceremony was presided over by Maj. Gen. Russell Czerw,

commanding general, Fort Sam Houston and Army Medical Department Center and School, and J. Randall Robinson, director, U.S. Army Installation Management Command-West Region. Both praised Martinson's selfless service to the Army, Fort Sam Houston and its surrounding communities.

Martinson has been at the forefront of positive changes at Fort Sam Houston after taking

See **NEW COMMANDER P16**

Community Covenant San Antonio leaders pledge support of Soldiers, Families

By Esther Garcia
Fort Sam Houston Public Affairs Office

Leaders from the San Antonio and Fort Sam Houston communities joined Lt. Gen. Thomas Turner, commanding general, Army North, in an Army Community Covenant signing ceremony Sunday at the gazebo on Staff Post Road.

The covenant recognizes the support of the local community, associated with sustaining Army missions in San Antonio and welcoming Army Soldiers and their Families as members of the community.

Turner, host for the cere-

mony, said, "Today we will sign a covenant that pledges the support of the San Antonio community to the Soldiers and Families of Fort Sam Houston."

The nation has been at war since Sept. 11, 2001. The burden that has been asked of Soldiers and their Families has endured for nearly seven years. This covenant reaffirms the community support of Soldiers and their Families.

Invited to sign the covenant included Louis Stumberg, civilian aide to secretary of the Army; Tommy Adkisson, Bexar County Commissioner

See **COVENANT P4**

Holcomb retires, Blackbourne assumes command of ISR

By Olivia Mendoza
Fort Sam Houston Public Information Office

Col. John Holcomb relinquished command of the U.S. Army Institute of Surgical Research to Col. Lorne Blackbourne during a change of command ceremony July 23 at the Center for the Intrepid.

It was an emotional day for Holcomb, who also retired after serving as ISR commander for six years. The ISR is a

431-person research institute devoted to the study and care of trauma patients. The colonel was actively involved in the care of trauma patients and training of surgical residents and students.

Holcomb deployed six times in support of the Global War on Terrorism and also was the trauma consultant to the U.S. Army surgeon general.

He expressed his passion for

See **ISR P6**

INSIDE

ARMY STRONG



Army commemorates 60th anniversary of armed forces integration

PAGE 3

HAPPY BIRTHDAY JAG CORPS



233rd birthday of the Judge Advocate General's Corps

PAGE 9

BALANCED SCORECARD



Army Medical Department Center and School introduces new decision-making tool

PAGE 10

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PAO/DEFAULT.HTML



Unit voting assistance officers on Fort Sam

Name	Command	E-mail address	Point of contact
Maj. Angelia Ward	120th Infantry Brigade	angelia.ward@usar.army.mil	221-9400/2377
Norris Montgomery	120th Infantry Brigade	norris.montgomery@us.army.mil	221-9400/2377
Maj. Jorge Velazquez	12th Brigade ROTC	jorge.velazquez@us.army.mil	295-2621 Fax 295-2018
Capt. Lynda Garretson	4th Sustainment Command	lynda.garretson@usar.army.mil	221-4717 Fax 221-4721
Chief Warrant Officer Kevin Roof	25th MP Detachment (CID)	kevin.roof@us.army.mil	221-0050
Rogelio Meraz	25th MP Detachment (CID)	rogelio.meraz@us.army.mil	221-1764
Maj. Gerardo Lebron	470th Military Intelligence Battalion	gerardo.l.lebron@us.army.mil	295-6443
Capt. Absol Boucard	5th Recruiting Brigade	absol.boucard@usarec.army.mil	221-0908
Sgt. 1st Class Rolland Edgell	701st MP Battalion	rolland.edgell@lackland.af.mil	671-3982/2461
Sgt. 1st Class Kevin Reese	701st MP Battalion	kevin.reese@lackland.af.mil	671-3982
Lt. Col. Andrea Taliaferro	Army Medical Department Center and School	andrea.e.taliaferro@us.army.mil	221-6916
Lt. Col. Larry Cade	32nd Brigade	larry.cade@us.army.mil	221-5105
Pat O'Farrell	Army Contracting Office Ctr	patrick.ofarrell@us.army.mil	221-4969
Master Sgt. Joseph Mandell	Brooke Army Medical Center	joseph.edward.mandell@us.army.mil	916-2776
2nd Lt. Caro Rivera	BAMC Warrior Transition Battalion	caro.rivera@amedd.army.mil	916-6867
Capt. Lennol Absher	Defense Language Institute	lennol.absher@us.army.mil	671-3553
Lt. Leslie Shipp	Defense Medical Readiness Training Institute	leslie.shipp1@conus.army.mil	221-2458 Fax 221-9339
Capt. Antonio Hinojosa	Marine Recruiting Station	hinojosaa@marines.usmc.mil	295-1004
Capt. Bridget Washington	Medical Command	bridget.a.washington@us.army.mil	221-8383
Capt. Tamiko Campbell	Medical Command	tamiko.m.campbell@us.army.mil	295-2871
Petty Officer Jaime Amador	Navy Operational Support Center	jaime.amador@navy.mil	225-2779 x 210
Petty Officer Kelly McKowan	Navy Operational Support Center	kelly.mckowan@navy.mil	225-2779 x 210
Maj. Steven Dortch	Physical Evaluation Board	steven.d.dortch@us.army.mil	221-9447
Capt. Herbert Franklin	SA and Marine MEPS	herbert.w.franklin@us.army.mil	295-9258
Tommie Quarterman	San Antonio Recruiting Battalion	tommie.quarterman@us.army.mil	295-0419
Chief Ward Wixon	U.S. Navy Recruiting	ward.wixon@navy.mil	295-9580 Fax 295-9641
Linda Green	U.S. Army Garrison Fort Sam Houston	linda.h.green@us.army.mil	295-8516
2nd Lt. Sherri Cherry	U.S. Army Medical Information Technology Center	sherrilynne.d.cherry@us.army.mil	295-3732
Sgt. 1st Class Jorge Flores-Colon	U.S. Army Medical Information Technology Center	jorge.florescolon@us.army.mil	295-3399
Warrant Officer Ikechukwu Alumanah	U.S. Army North	ikechukwu.alumanah@us.army.mil	221-2426
2nd Lt. Randall Blakeslee	U.S. Army South	randall.blakeslee@us.army.mil	295-6581

Have feedback for
a post customer
service provider?

Go to the Interactive
Customer Evaluation Web site at
<http://ice.disa.mil> and voice
your opinion
today.



Editorial Staff

Army Medical Department Center
and School and Fort Sam Houston
Commander

Maj. Gen. Russell Czerw

Garrison Commander

Col. Mary Garr

Public Affairs Officer

Phillip Reiding

Editor/Writer

Elaine Wilson

Staff Writers

Minnie Jones

Olivia Mendoza

Layout Artist

Lori Newman

News Leader office:

1212 Stanley Road
Building 124, Suite 4
Fort Sam Houston, Texas
78234-5004, 210-221-0615,
DSN 471-0615
Fax: 210-221-1198

News Leader Advertisements:

Prime Time Military Newspapers
7137 Military Drive West
San Antonio, Texas 78227
Phone: 210-675-4500
Fax: 210-675-4577

News Leader e-mail:

news.leader@conus.army.mil

News Leader online:

[www.samhouston.army.mil/pao/
default.html](http://www.samhouston.army.mil/pao/default.html)

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of the Army. It is published weekly by the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office, 1212 Stanley Road, Building 124, Suite 4, Fort Sam Houston, Texas 78234-5004; 210-221-0615, DSN 471-0615. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The editorial content of this publication is the responsibility of the Director of Public Affairs. The News Leader is published by Prime Time, Inc., Military Newspapers, 7137 Military Drive West, San Antonio, Texas 78227; 210-675-4500, a private firm in no way connected with the U.S. government, under exclusive written contract with the Army Medical Department Center and School and Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army. Stories and photos for publication consideration may be e-mailed to news.leader@conus.army.mil by close of business Friday.

News Briefs

AMEDD Regiment anniversary

Maj. Gen. Russell Czerw, commander, Army Medical Department Center and School and Fort Sam Houston, and Command Sgt. Maj. Howard Riles will host a ceremony honoring the 233rd anniversary of the Army Medical Department Regiment Aug. 1 at 5 p.m. at the AMEDD Museum. All are invited to attend. Tickets are \$5. For tickets, call Staff Sgt. Erin Hicks at 221-7366.

Gate relocation

The Binz-Engleman Access Control Point will close the evening of Aug. 8 through the morning of Aug. 11 while contractors relocate the ACP to Schofield Road, near the fire station. The gate relocation will also affect access onto S-33 Road. People will no longer be able to access S-33 from Schofield Road starting Aug. 11. The gate relocation is a necessary measure to accommodate Base Realignment and Closure-related construction along Schofield Road.

Parking lot closure

The parking lot west of Building 1279, which is the McWethy Clinic, will be closed in mid- August while contractors add a new parking lot around the present parking area. The increased parking area will be built north of the parking lot. The construction should take about 90 days, weather permitting.

Hispanic Heritage Month committee

Committee members are needed to start planning for Hispanic Heritage Month. The committee will meet today from 12 to 1 p.m. in the Equal Employment Opportunity Conference Room, Building 142. For more information or to volunteer, call 295-6800.

DLI offers free language materials

The Defense Language Institute has launched a new Web site that offers hundreds of language survival kits and other materials free of charge to deploying service members. The survival kits include pocket-size booklets with audio CDs in more than 30 languages, ranging in topics from public affairs, cordon and search, to medical terminology.

Language materials can be viewed, downloaded and ordered at www.dlifc.edu under the Products tab. Users must register and receive a DLI Foreign Language Center account before placing an order.

Army Strong

Army commemorates 60th anniversary of armed forces integration

By Col. Jonathan Dahms
Army News Service

WASHINGTON — On July 26, 1948, President Harry S. Truman signed Executive Order 9981, establishing the President's Committee on Equality of Treatment and Opportunity in the Armed Services. It was accompanied by Executive Order 9980, which created a Fair Employment Board to eliminate racial discrimination in federal employment.

Segregation in the military services did not officially end until the secretary of defense announced Sept. 30, 1954, that the last all-black unit had been abolished. However, the president's directive put the armed forces at the forefront of the growing movement to win an equal social role and equal treatment for the nation's African-American citizens.

The Army began integrating units during the Korean War. Eighth Army commanders in Korea began filling losses in their white units with individuals from a surplus of black replacements arriving in Japan in late 1950. By early 1951,



Photo by James Cox

Fighting with the 2nd Infantry Division north of the Chongchon River, Sgt. 1st Class Major Cleveland, weapons squad leader, points out a North Korean position to his integrated machine-gun crew Nov. 20, 1950. The Army began integrating units during the Korean War.

9.4 percent of all African-Americans arriving in theater were serving in some 41 newly and unofficially integrated units, according to retired Army historian Morris MacGregor Jr. in his book, "Integration of the Armed Forces, 1940-1965."

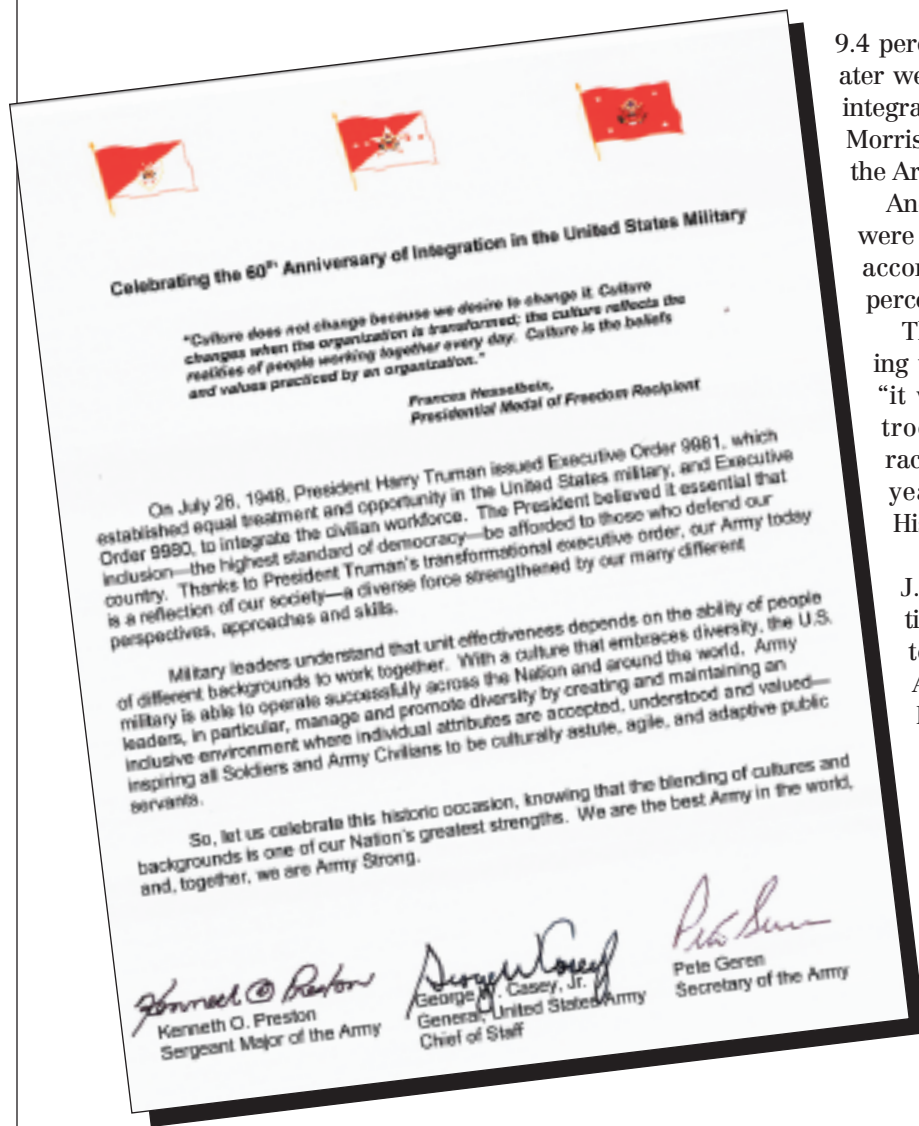
Another 9.3 percent of black Soldiers in Korea were in integrated, but predominantly black units, according to MacGregor, who said the other 81 percent continued to serve in segregated units.

This limited conversion to integrated units during the Korean War became permanent because "it worked The performance of integrated troops was praiseworthy with no reports of racial friction," said MacGregor, who served for years with the U.S. Army Center of Military History.

In December 1952, Army Chief of Staff Gen. J. Lawton Collins ordered worldwide integration of Army units. All of the earlier fears cited to support the continuation of a segregated Army proved to be groundless, according to MacGregor. There was no increase in racial incidents, no breakdown of discipline, no uprising against integration by white Soldiers or surrounding white communities, no backlash from segregationists in Congress, or major public denouncements.

The Army and the nation were taking the first steps toward racial equality and harmony that would be at the core of the civil rights movement of the early 1960s.

"Sixty years ago, President Truman set



(From left) Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and Army Medical Department Center and School; Richard Perez, president, Greater San Antonio Chamber of Commerce; and Lt. Gen. Thomas Turner, commanding general, Army North, sign the Army Community Covenant during a ceremony Sunday in front of the gazebo on Staff Post Road.



Photos by Esther Garcia



Tommy Adkisson, Bexar County Commissioner Precinct 4, signs the poster-size Army Community Covenant as Lt. Gen. Thomas Turner, commanding general, Army North, looks on. The covenant recognizes the local support of the community and welcomes Army Soldiers and their Families as members of the community.



Sabina Hayes enjoys Sunday's festivities at the Gazebo with her parents, Maj. Chris Hayes, Fort Sam Houston Provost Marshal, and mom, Michaela.



Col. Wendy Martinson, commander, U.S. Army Garrison, co-host for the summer gazebo concert, welcomes everyone to enjoy the sounds of the Army Medical Command Band. This was Martinson's last gazebo concert before her change of command Tuesday.

COVENANT from P1

Precinct 4; Councilwoman Sheila McNeil, City Council District 2; Councilwoman Diane Cibrian, City Council District 8; Richard Perez, president, The Greater San Antonio Chamber of Commerce; Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and Army Medical Department Center and School; J. Randall Robinson, director, U.S. Army Installation Management Command-West Region; Col. Wendy Martinson, commander, U. S. Army Garrison; Gail Siller, superintendent, Fort Sam Houston Independent School District; and retired Army Maj. Gen. Alvin Schofield, United States Army Reserve ambassador.

The signing ceremony included the signing of a 5-foot-tall covenant by all the participants. The poster-size covenant will be on display at various locations on Fort Sam Houston.

Turner spoke about the history of the Army in San Antonio.

He said the U.S. Army has been in San Antonio and has been an integral part of San Antonio since the troops of the 2nd Dragoon set foot in the city in 1845. Their mission was to protect the citizens during the annexation of Texas.

In the 1870s the Army was spread throughout the city and rented buildings, paying an exorbitant price of \$30,000 a year in rent and living with the threat of disease. In 1867, 71 of 28 Soldiers assigned to the Garrison contracted malaria. Since no rail line ran through San Antonio, the Army was ready to move out, but the citizens of San Antonio decided that was not going to happen. The city deeded 92 acres to the government to keep the Army here.

"The citizens of San Antonio have earned the title 'Military City USA,'" said Turner. "The history of the Army and the City of San Antonio are so intertwined, they appear one and the same. We are honored to call San Antonio, we are honored to call Military City home, and we are honored that the city takes the time today to reaffirm the support of the city to our Soldiers and their Families."

Following the Army Community Covenant signing ceremony, Martinson and Robinson hosted a summer gazebo concert by the Army Medical Command Band.

The band, led by Chief Warrant Officer Douglas Paarmann, performed a variety of tunes from swing to patriotic marches.

Family Strong New Army parents to get more time at home

WASHINGTON — Military mothers of newborns, and certain Army parents adopting a child, will be able to stay home longer before deploying or serving overseas, starting Aug. 1.

The new policy will lengthen deferments from four to

six months for new mothers before being deployed, assigned to a dependent-restricted overseas tour, an accompanied overseas tour where concurrent travel is denied or temporary duty away from their home station.

The expanded program also applies to military couples who adopt a child — either the mother or the father — following the date the child is placed in their home as part of the formal adoption process. It is up to the couple which of them takes advantage of the

new policy change, officials said. They said single mothers or single fathers adopting a child are also eligible for the program.

"The Office of the Surgeon General did a review and brought it to our attention, and so the decision was made that this would be good for the Army because we recognize that the period of time after birth is important for the bonding of the mother and child," said Lt. Col. Gerald Conway, chief of distribution

See MORE TIME P10



Photo by Martin Greeson

Spc. Adam Darrah holds his daughter Sept. 6, 2007, after returning to Darmstadt, Germany, from a yearlong deployment in Iraq. Starting Aug. 1, new mothers and certain parents of adopted children will be able to defer deployments for up to six months.

San Antonio Hiring Heroes Career Fair preparation

The Hiring Heroes Career Fair will be held Sept. 23 from 9 a.m. to 3 p.m. at the Sam Houston Club. The following workshops, seminars and job fair preparation classes are being offered to help people prepare for the upcoming Hiring Heroes Career Fair:

Transition Assistance Program 2 1/2 day Workshop — The comprehensive TAP class, courtesy of the Army Career and Alumni Program, teaches the entire spectrum of the job-search process — networking, resumes, interviewing and salary negotiation skills. The workshop will be held Aug. 13 to 15, Aug. 27 to 29 and Sept. 10 to 12 from 8 a.m. to 4 p.m. in Building 2263, Room B-100. For reservations, call ACAP at 221-1213. The workshop is open to all ACAP clients.

Federal Job Application Development — These classes are courtesy of the Office of Personnel

Management. Learn tips on completing the federal application, where to find federal jobs, and go "live" inputting your application into USAJOBS. Sign up at the Warrior and Family Support Center on the second floor of the Powless Guest House. Classes will be held July 31, Aug. 14 and 28, and Sept. 4, 11 and 16 from 1:30 to 4 p.m. Reservations are required. The classes are reserved for Warriors in Transition and their Family members only.

Job Fair Preparation Class — This class is courtesy of the Army Career and Alumni Program and will offer tips on how to "work" a job fair, final list of employers and jobs offered, plus a resume review. The class will be held Sept. 3 from 9 to 11 a.m. in Building 2263, Room B-100. For reservations, call ACAP at 221-1213. The class is open to

all ACAP clients.

Small group/individual counseling — The counseling is courtesy of the Army Career and Alumni Program and the Office of Personnel Management. Counseling is available in the Soldier and Family Assistance Center on a first-come, walk-in basis Aug. 6, 13, 20 and 27, and Sept. 3, 10 and 17. Civilian resume counseling with Tinisha Lomax will be held from 1 to 2:30 p.m., and federal assistance with Kim Goffar from 2:30 to 4 p.m. Priority will be given to Warriors in Transition and their Family members. Similar assistance is available Aug. 1, 8, 15 and 22, and Sept. 5 and 12 in the ACAP Center, Building 2263, Room B099 for any ACAP client. To reserve a workstation, call 221-1213.

'Last Chance' Resume & Federal Job Application Workshop — The workshop is courtesy

of experienced mentors. One-on-one help will be offered to build or fine-tune resumes and applications. Same-day classes will be presented on resumes, federal applications, how to work a job fair, reasonable accommodations, veteran's preference, and dress for success. The workshop will be held from 9 a.m. to 3 p.m. at the Sam Houston Club on a walk-in basis. The date of the workshop is to be determined.

People are urged to prepare their resume well before Sept. 23. Planning ahead, creating a resume, having it reviewed by ACAP or OPM counselors, and attending a TAP workshop are all part of a comprehensive approach to future success after military service. The ability to present talents, skills and experience to prospective employers is a lifelong skill.

ISR from P1

caring for wounded warriors and said he was satisfied that the care had gotten better. He said he hoped that the new commander will continue to improve the quality of care.

Holcomb expressed his appreciation to all the command leaders by saying, "I relished the opportunity and

responsibility and I know I will never experience anything like this again; it was an amazing experience."

It was a bittersweet moment as he bid farewell to friends, co-workers and Soldiers.

"Holcomb's dedication and Army commitment being away from his Family was a great sacrifice for everyone, but now his Family will reap the reward of having him home," said Maj. Gen. George Weightman, commanding general, U.S. Army Medical Research and Materiel Command. "You will always have the gratitude of the people here ... you need to stand tall because of your selfless service."

Weightman welcomed Blackburne to the command. "Blackbourne's been deployed multiple times and has been in a position of leadership and responsibility. Your credentials are very impressive and we have no question at all that you are going to take the ISR burn unit up to the next level."

Blackbourne said he was honored to assume command and complimented the ISR Soldiers for their strong commitment to the mission. He also thanked Holcomb for his transformational leadership of the organization over the last six years.

"My vision is clear, to be the best adult burn center in the world and to lead the world in combat casualty care research. As we move forward we must not forget why we are all here, for one reason and one reason alone, and that is for the wounded warriors," Blackbourne said.



Col. Lorne Blackbourne receives the unit colors signifying the assumption of command of the U.S. Army Institute of Surgical Research during a change of command ceremony July 23 at the Center of Intrepid.



Photos by Olivia Mendoza

Col. John Holcomb, outgoing commander of the U.S. Army Institute of Surgical Research, bids an emotional farewell to friends, co-workers and Soldiers July 23 during the ISR change of command ceremony.

INTEGRATION from P3

a non-negotiable standard for our nation's military, '... there shall be equality of treatment and opportunity for all persons,'" said Secretary of the Army Pete Geren. "On the 60th anniversary of that courageous act, we celebrate our Army's commitment to fulfilling President Truman's order and Dr. King's dream, an Army where men and women are judged by the content of their character not the color of their skin; where the only colors that matter are red, white and blue."

The integration of the armed forces did more than just provide opportunity for African-American Soldiers, it opened the door of opportunity for people from diverse backgrounds.

"I think that we're leaders in many areas, but certainly we're leaders in equal oppor-

"We are not the greatest Army in the world because we are white or black, but because we reflect the faces of our society."

Sgt. Maj. of the Army Kenneth Preston

tunity," said retired Lt. Gen. Julius Becton in a PBS interview. Becton was a Soldier who lived through the integration from World War II through the Korean and Vietnam War, and the Army's first African-American three-star general to command VII Corps in Europe. "We're leaders in giving all minorities an

opportunity to demonstrate what they can do, a point that we oftentimes are prone to forget; the order of 9981 did not just help the blacks."

Executive Order 9981 not only opened the door of opportunity for people from all walks of life, it showed the strength there is in diversity, Becton said.

"That order of 9981 helped the entire Army, because it enhanced combat effectiveness," Becton said. "We don't have separate this, separate that, but when you are training together, you're going to be a better Army. We've proven that time and time again."

As part of a continuing observance of Executive Order

9981, the U.S. Army will be highlighting the historic importance of its 60th Anniversary through the eyes of Soldiers serving today in a diverse force, Army leaders said.

"We are not the greatest Army in the world because we are white or black, but because we reflect the faces of our society," said Sgt. Maj. of the Army Kenneth Preston. "You learn early on that people can either be successful or not based on their abilities, willingness to make personal sacrifices and their commitment to the team."

BRAC impact

McWethy to be designated as active-duty only clinic

By Dr. Sara Pastoor

BAMC Chief, Department of Family and Community Medicine

Effective Friday, the McWethy Troop Medical Clinic will be designated an active-duty only clinic. In order to better serve patients, some clinic location changes will occur for certain groups of patients.

The following changes will occur Friday:

- Pediatric patients enrolled in McWethy TMC will be re-assigned to Brooke Army Medical Center Pediatrics.
- All other non-active-duty TRICARE Prime enrollees currently enrolled to the

McWethy TMC will be re-assigned to the Family Medicine Service Clinic at BAMC.

- Active duty currently assigned to a unit on Fort Sam Houston but enrolled to FMS BAMC will be re-assigned to the McWethy TMC.
- Active duty assigned to a unit on Camp Bullis, but enrolled to FMS BAMC or McWethy TMC will be re-assigned to the Camp Bullis Health Clinic.

Additionally, Dr. Stella Zu, an internal medicine physician who is currently working in FMS BAMC, will move to the Internal Medicine Clinic at BAMC as well as 1,000 of the

TRICARE Plus patients currently enrolled in FMS BAMC.

These changes in enrollment location are necessary to accommodate an increase in active-duty personnel due to Fort Sam Houston's mission changes mandated by the 2005 Base Realignment and Closure Commission. BAMC will see its active-duty population increase by 4,500 personnel over the next three years.

In addition, BAMC has experienced an increased number of Warriors in Transition (sick and wounded warriors from the current conflict), as well as provider shortages due to deployments and other mandatory military missions.

Enrollees affected by these changes will receive a letter from Humana Military Healthcare Services notifying them of a primary care manager change. The affected beneficiary will be provided with the name and clinic location of the new PCM.

Enrollees affected by these changes will receive a letter from Humana Military Healthcare Services notifying them of a primary care manager change. The affected beneficiary will be provided with the name and clinic loca-

tion of the new PCM.

For more information and other TRICARE options, contact a health benefits adviser at 916-1876 or 916-2889, or visit the TRICARE Service Center Monday to Friday from 7:30 a.m. to 4:30 p.m.

TRICARE Service Center relocates to Garden Avenue

By Bill Prevo

Brooke Army Medical Center TRICARE Contract Liaison

Brooke Army Medical Center's TRICARE service office has relocated from BAMC to Building 2535 on Garden Avenue, which is off Schofield Road. The new location is about 1,000 feet south of the Fort Sam Houston Fire Department.

The center's hours are Monday through Friday from 7:30 a.m. to 4:30 p.m. for walk-ins, except for federal holidays.

Beneficiaries are encouraged to call TRICARE toll free at 1-800-444-5445 for issues that can be handled by phone.

"This move provides BAMC with critical space required to construct the Traumatic Brain Injury Clinic to provide care to our wounded service members," said Maj. Eric Schmacker, chief of Healthcare Operations at BAMC.

Schmacker said the move was necessitated by an increasing mission and operational workload at BAMC due to the implementation

of the Army Medical Action Plan.

Additionally, the move is a part of the 2005 Base Realignment and Closure process.

In 2010, the TRICARE Service Center will permanently relocate to the planned Soldier Family Medical Clinic facility on post.

Schmacker said the move also reduces some parking congestion on the BAMC campus, and positions the TRICARE Service Center very close to its permanent location at Fort Sam "to better serve its expanding mission there," he said.

BAMC's health benefits advisers/beneficiary counseling and assistance coordinators, and debt collection assistance officers also relocated with the TRICARE Service Center. These TRICARE professionals provide a full range of information and assistance with all government health programs and help to resolve any claims issues.

For more information about medical BRAC issues, visit the San Antonio Military Medical Center Web site at www.sammmc.amedd.army.mil/.

Happy birthday JAG Corps

Sgt. Diana Anzaldua, command judge advocate noncommissioned officer in charge, Brooke Army Medical Center, and Chief Warrant Officer 4 Lenny Chance, legal administrator, U.S. Army Medical Command, cut a cake Tuesday in honor of the 233rd birthday of the Judge Advocate General's Corps. The birthday luncheon also included a reading of the history of the JAG Corps. The Corps traces its lineage back to July 29, 1775, when the Second Continental Congress elected John Adam's law pupil, William Tudor, to be the judge advocate of the Army, a \$20 per month position. Since that time, Army legal professionals have stood by the side of commanders and clients in every war and conflict to include World Wars I and II, Grenada, Panama, the Persian Gulf, Somalia, Rwanda, Haiti, The Balkans, and most recently, Afghanistan and Iraq.



Photo by Elaine Wilson

Balanced Scorecard event

Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department Center and School, kicks off the AMEDDC&S Balanced Scorecard event Monday by golfing his way to the Strategy Map. Employees received prizes by participating in game events such as raffling, golfing, magic tricks and a football toss.



Photos by Olivia Mendoza

Jimmie Jay, chief, G-3, operations readiness mobilization division, Army Medical Department Center and School, explains the Strategy Map to AMEDDC&S employees Monday at Blesse Auditorium. Maj. Gen. Russell Czerw, commander, Fort Sam Houston and AMEDDC&S, introduced the Balanced Scorecard to employees during the event. The Balanced Scorecard is the principle decision-making and communications tool for the organization. The Balanced Scorecard consists of a Strategy Map and Scorecard. The Balanced Scorecard communicates vision, mission and strategy, and focuses on performance measures in accomplishing the mission.



MORE TIME from P5

and readiness in the Office of the Deputy Chief of Staff for Personnel (G-1). "More time was preferred than the current Army policy, which was four months, and so the decision was made to extend it to six months."

Soldiers with deferments ending prior to Aug. 1 will complete their four-month deferment but commanders are encouraged to give Soldiers six months if operationally feasible, said Conway.

Soldiers who are under deferments as of Aug. 1 will be eligible for the extended six-month policy, unless waived by the individual Soldier concerned.

The policy change coincides with the Army's return to a 12-month deployment policy, according to Conway, and is part of the Army's effort to

reset and rebalance the force.

The extension of this deferment period brings the Army in line with the Marine Corps at six months. The Air Force is four months and the Navy is 12 months.

"This is all part of emphasizing the importance of Family, rebalancing the force, getting back to some predictability, stability for Soldiers and Families," said Conway.

"This is the Army's recognition that Family is the foundation of our fighting force," he continued. "We recruit Soldiers; we retain Families. There's been some discussion about this for a while and I think Soldiers will view this positively just because it gives them more time. I just look at my own experiences when we had our children. I think it will be viewed very positively, just to give them more time to recover and recognize the importance of Family."

**\$1,500
REWARD**



**IS OFFERED BY THE UNITED STATES ARMY
CRIMINAL INVESTIGATION COMMAND,
FORT SAM HOUSTON, TX 78234**

On July 10, 2008, person(s) unknown entered the parking lot adjacent to Building 3100, Golf Course Maintenance Facility, Nursery Road, Fort Sam Houston, and stole a 2008 Toro Workman 3300 D Utility Vehicle. The vehicle was abandoned on the railroad tracks adjacent to the Binz-Engleman Access Control Point and struck by a train.

Anyone with any information regarding this case leading to the identification, arrest and successful prosecution of the person(s) responsible for the larceny, please contact Special Agent Marlon Soto at the Fort Sam Houston CID Office at 221-1763 or 221-1764.

People wishing to remain anonymous will be honored and information will be held in the strictest confidence allowable under the law.

The reward will be in effect until July 22, 2009.
Reference: Case number 0242-2008-CID044-47648

**WOULD YOU LIKE TO LIQUIDATE YOUR
CREDIT CARD DEBT?
IT CAN HAPPEN.**

The Financial Readiness Program at Army Community Service offers this service. For more information, call 221-1612.



Keep creepy crawlers away with pest management system

Spc. Jacob Caraway
Environmental Health, Brooke Army Medical Center

Do you have bugs and rodents in your workplace that you can't stand? If so, then Integrated Pest Management may offer a solution.

Integrated Pest Management is an effective and environmentally friendly approach to pest management that relies on a combination of common-sense practices.

Most people have seen evidence of some type of creepy, crawly bug or rodent in their workplace that shouldn't be there. The misconception is that the first line of defense is pesticide. The Integrated Pest Management system uses a common-sense approach that involves exclusion, eliminating the food source and then pesticide, but as a last resort.

Exclusion is the first step. With the exclusion step, rodents and bugs are prevented from getting into the building. To achieve this feat, occupants must find the entry points of these unwanted pests and block them with some type of sealer, such as screens or caulk. This step sounds easy, but sometimes it is difficult to find the smaller points of entry. Rats and mice are the easiest entry points to find due to the fact that everywhere they go they leave a trail of droppings behind. Their droppings are large enough to detect with the naked eye and are accompanied by a musty smell.

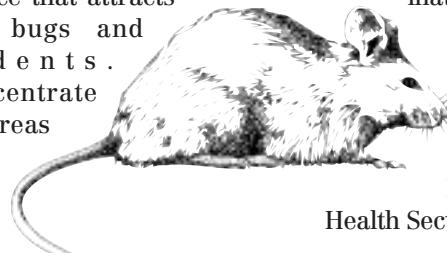
Along with exclusion it is important to eliminate the food source that attracts the bugs and rodents. Concentrate on areas

where food is consolidated, such as trash cans, which are a rodent and bug heaven. There is a plethora of food to be found in them. People should avoid eating at their work space. When possible, eat in a designated break room to keep these unwanted pests away from work spaces. If eating at a work space can't be avoided, take trash out daily so overnight feeding is not an option.

Even after precautionary measures are taken, the use of a pesticide may still be needed to kill the existing population. An assortment of pesticides can be used for bugs. Just be mindful to read the label since the label is the law when it comes to pesticides. It is best to have a certified pest control technician apply pesticides because some pesticides are harmful to humans and many should not be applied to enclosed areas.

With rodents, it is best to use sticky traps. Sticky traps catch the rodents when they walk across the trap so they need to be placed along base boards where rodents travel. Rodenticide works well but has a few drawbacks. The rodents eat the rodenticide and then run off and die. This can be a problem when they die in the walls, roof or behind something. This makes it hard to find and dispose of them properly. Dead rodents have the tendency to smell.

The Integrated Pest Management System is safe and effective when followed properly. Many times, pesticides can be avoided by focusing first on exclusion and eliminating the food source. For more information about Integrated Pest Management, call the Environmental Health Section at 295-2609.



Army Ten-Miler announces online lottery

WASHINGTON – Army Ten-Miler officials announced that 400 ATM race entries will be offered to U.S. armed forces service members through a special, online lottery Aug. 11 to 15.

"This is the Army's race and many military personnel didn't know where they would be in October when the race sold out on April 21," said Jim Vandak, race director. "We realize that the 400 military entries will not cover everyone. However, we wanted to do something special for the military and recognize their service to our country."

The military lottery will be conducted online at www.armytenmiler.com. To register for the lottery, participants will need to have an e-mail address with a .mil extension. The Army Ten-Miler lottery is open to all branches of the

The military lottery will be conducted online at www.armytenmiler.com.

armed forces and winners will be randomly selected Aug. 16. Registrants will be required to enter a valid credit card but the card will not be charged unless the registrant is selected as a winner. All registrants will receive an e-mail notifying them if they were selected and a searchable list will be posted on the Army Ten-Miler confirmation page.

All lottery winners will be required to present a military ID to obtain their race packets. All lottery entries are final – no transfers or refunds. Lottery winners can still be drafted onto an existing team for the team competition until Aug. 26.

The Army Ten-Miler is America's largest 10-mile running event. The annual race will take place Oct. 5 in Washington, DC. This unique road race

has both its start and finish lines at the Pentagon. Race weekend activities include a two-day race expo, fitness clinics, youth runs and HOOAH tents from Army installations around the world.

The ATM is produced by the U.S. Army Military District of Washington with proceeds benefiting Army Morale, Welfare and Recreation. The mission of the Army Ten-Miler is to promote the Army, build esprit de corps, support fitness goals and enhance community relations. For more information about this prestigious race, visit www.armytenmiler.com.

(ATM press release)



Post flag football

Coaches and players are needed for the Fort Sam Houston flag football team. Tryouts will be held Aug. 1 at 6 p.m. at Leadership Field. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil

Fall flag football

Letters of intent are due Aug. 1 and a coaches meeting will be held Aug. 1 at 1 p.m. at the Brigade Gym. Mail letters of intent to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

Fall softball

Letters of intent are due Aug. 1 and a coaches meeting will be held Aug. 4 at 1 p.m. at the Brigade Gym. Mail letters of intent to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

Post soccer team

Coaches and players are needed for the Fort Sam Houston soccer team. Tryouts will be held Aug. 18 through 23 at 6 p.m. at Leadership Field. Coaches should send resumes by Aug. 15 to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

Men's basketball team

Coaches and players are needed for the Fort Sam Houston men's basketball team. Tryouts will be held Aug. 25 through 29 at 6:30 p.m. at the Jimmy Brought Fitness Center. Coaches should send resumes by Aug. 22 to Earl Young at 1212 Stanley Road, Ste. 20, Fort Sam Houston, TX 78234, or drop off at the Brigade Gym. For more information, call 221-3185 or e-mail earl.t.young@us.army.mil.

Fort Sam Houston ISD announces registration

The military installation of Fort Sam Houston, to include Camp Bullis, comprises the Fort Sam Houston Independent School District. Children of military personnel residing on the installation are eligible to attend pre-kindergarten through grade 12. The Fort Sam Houston Elementary School includes grades pre-kindergarten to five, Cole Middle School includes grades six to eight and Cole High School includes grades nine to 12.

Fort Sam Houston Elementary School

Registration for new students attending Fort Sam Houston Elementary will be held July 31 and Aug. 7 from 8:30 a.m. to 11 a.m. and from 1 to 3:30 p.m. in the school cafeteria. Parents unable to register on these two dates may do so Monday through Friday from 8 to 11 a.m. and 1 to 3 p.m. The school office will be closed the morning of Aug. 19.

Parents are requested to bring:

- Immunization records
- Copy of birth certificate
- Social Security card for the student

- Report card from previous school
- Other school records from the previous school
- Proof of residency
- Driver's license of the parent/guardian

Parents with students already residing on the installation should bring a copy of their Lincoln Housing Lease Agreement to registration. Parents with students not currently living on the installation but with an anticipated move-in date during the 2008-2009 school year should contact the Lincoln Housing Office prior to registration to request a permission form be faxed to the FSHISD District Office at 368-8741.

A change in state law allows all pre-kindergarten-aged children of active-duty military personnel to receive a public school education. Students must be 4 years old on or before Sept. 1, 2008. All children of active-duty military personnel who reside on the installation or will move into housing within the 2008-2009 school year are eligible to attend. District transportation is not provided for pre-kindergarten students.

See REGISTRATION P14

Runners should avoid construction haul roads

An increasing number of construction crews and equipment are using the recently paved haul road that runs just outside the Brooke Army Medical Center perimeter fence. This road runs along the west and north sides of the BAMC campus and connects Binz-Engleman Road and Petroleum Drive. This road should not be used for jogging or hiking.



REGISTRATION from P13

Children must be 5 years old on or before Sept. 1, 2008, to enroll in kindergarten and 6 years old on or before Sept. 1, 2008, to enroll in first grade.

Robert G. Cole Middle School, High School

To better serve parents and students, registration will be conducted with a counselor on an appointment basis. Appointments can be made by calling Jane Morin at 368-8734. Appointment times are 30 minutes.

Parents should bring the following documents to registration:

- Immunization records
- Copy of birth certificate
- Social Security card for the student
- Last report card
- School records from the last

school attended

- Proof of residency
- Driver's license of the parent or guardian

Students who attended Fort Sam Houston Elementary School or Robert G. Cole in May 2008 have already been registered and need not re-register unless the pupil was withdrawn at the end of May by his parents or whose parents had not been assigned quarters as of Aug. 25, 2008.

Middle School Registration Dates

Aug. 12 – sixth grade

Aug. 13 – seventh grade

Aug. 14 – eighth grade

Aug. 15 – by appointment

High School Registration Dates

Aug. 12 – ninth grade

Aug. 13 – 10th grade

Aug. 14 – 11th grade

Aug. 15 – 12th grade

Parents who are not able to register their children on these dates may do so Aug. 25.

(Source: Fort Sam Houston ISD)

Robert G. Cole Middle School

Sixth to Eighth Grade

Suggested List of School Supplies for 2008-2009

Sixth Grade

QTY	ITEM
4	spiral notebooks (70 pages each)
1	five subject notebook (wide rule, 200 sheets, eight-pocket, poly cover, heavy duty back by Exceed – available at Wal-Mart)
1	set of five individual dividers
2	pocket folders with brads
2	packages of wide-ruled, three-ring notebook paper
5	1 1/2 binders (one for each subject)
1	pencil pocket with binder holes
1	set of colored pencils
2	red pens
1	package of No. 2 pencils
1	scissors
2	glue sticks
1	ruler
1	pack of Pink Pearl erasers
2	packages of Expo markers (for white board work)
2	large boxes of Kleenex tissue
Optional item: Locker shelf	

Seventh Grade

QTY	ITEM
4	2-inch, three-ring binders
1	70-page spiral notebook (reading)
2	150-page, three-ring binder
2	three-subject spiral notebooks
1	homework pocket folder
5	packages of wide-ruled three-ring notebook paper
5	packages of tab dividers
1	zippered pencil/pen bag
1	package No. 2 pencils
2	packages blue or black ink pens
3	red grading pens
1	package colored pencils
1	package of dry erase markers (black)
1	package of three glue sticks

1	package transparent highlighters
1	ruler (centimeters/inches)
2	large boxes of Kleenex tissue paper
Optional item: Locker shelf	

Eighth Grade

Optional Items:

QTY	ITEM
4	2-inch, three-ring binders
1	150-page spiral notebook
1	tablet 1/4-inch graph paper
4	packages of wide-ruled three-ring notebook paper
2	packages of tab dividers
1	package of No. 2 pencils
2	packages blue or black ink pens
1	package red grading pens
1	package colored pencils (12-count)
1	package of dry erase markers (black)
2	packages of transparent highlighters
3	large boxes of Kleenex tissue

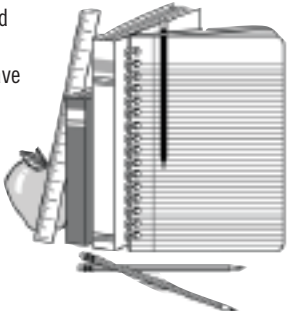
Optional Items:

– Eighth grade students taking Algebra I are encouraged to purchase a TI83+ calculator. If students cannot purchase a personal calculator, they will be issued one in class.
– Locker shelf

- Please note some supplies will need to be replenished during the year.

- Elective classes may have additional minimum requirements determined by the nature of the elective.

- All middle school students will be issued a school locker and allowed to carry a backpack (no wheels).



Fort Sam Houston Elementary School 2008-2009 School Supply List



Pre- Kindergarten

1	box of tissues
1	school bag (large enough to hold papers and a library book – no bookbag with wheels)
4	Elmer's School glue (not "gel" or "no run" glue)
4	sticks Elmer's School glue
1	pocket folder (solid color)
1	box gallon Ziploc bags – boys only
1	box sandwich or quart bags – girls only
1	box Crayola Classic markers
1	Kindermat
1	package construction paper (variety pack 9" x 12")
1	box Crayola water colors
1	box Crayons
Refill of baby wipes (hand wipes)	

Kindergarten

4	glue sticks
1	Fiskar scissors –round tip
1	package construction paper (variety pack 9" x 12")
1	backpack (no wheels) – with student name on it (large enough to hold papers & library book)
1	Crayola Brand Water Color Paint set – eight colors
2	packages Crayola Classic markers (fat ones)
1	package paper bags – girls only
1	box Ziploc quart or gallon bags – boys only
8	boxes Crayola crayons – 16 count
2	boxes Kleenex – 200 count
1	package manila paper
2	bottles of Elmer's Glue
1	bottle of hand sanitizer
1	ream white copy paper
No supply boxes please	

First Grade

2	spiral notebooks
1	bottle antibacterial hand sanitizer
24	#2 yellow pencils
2	Elmer's glue – 4 oz
1	Pink Pearl eraser
2	box Crayola Crayons – 24 count
1	package Crayola Classic Markers – wide tip
1	Fiskar scissor
1	box Kleenex – 200 count
3	folders with pockets and brads
1	composition book with sewn binding (not spiral)
1	package baby wipes
1	box Ziploc sandwich bags – boys only
1	package Crayola water color paint set – 8 colors
1	package paper plates – girls only
1	package construction paper
1	ream white paper

Second Grade

1	ream white copy paper
4	spiral notebooks – wide ruled (80 pages)
48	yellow #2 pencils - (No Eagle Brand)
2	boxes Crayola crayons – 24 count
1	plastic shoe box (no taller than 4 1/4")
1	Fiskar scissor –sharp point
2	boxes Kleenex – 200 count
2	white school glue – 8 oz
4	pocket folders with brads (assorted colors)
1	12-inch wooden ruler (centimeters and inches)
1	package assorted color 9 x 12 construction paper (no tablets)
2	packages Crayola brand markers
1	backpack
1	package Ziploc quart freezer bags – boys only
1	package baby wipes
2	packages manila paper 12 x 18
2	Pink Pearl erasers
1	package of wide-ruled notebook paper

2	bottles antibacterial sanitizer
1	Ziploc gallon size freezer bags – girls only
1	white T-shirt

Third Grade

48	yellow #2 pencils - (no Eagle Brand)
2	box colored pencils – 12 count
1	12-inch ruler – inches and metric – wood only
2	boxes Crayola crayons – 24 count
2	Elmer's glue – 8 oz
2	boxes kleenex – 200 count
2	packages of wide-spaced notebook paper
1	ream white copy paper (letter size)
1	Fiskar scissor –sharp point
10	pocket folders (2 blue, 2 green, 2 yellow, 2 orange, 2 red) no designs
6	spiral notebooks – 70-page, wide-ruled, no design
1	package assorted 9 x 12 construction paper (no tablet) – boys only
1	package 9 x 12 manila paper - girls only
2	Pink Pearl erasers
1	bottle hand sanitizer – girls only
3	red checking pens
1	box Crayola markers – classic wide tip
1	dozen eraser caps for pencils
1	roll paper towels – girls only
1	gallon Ziploc bags – boys only
1	wet wipes – boys only
No three ring binders or Trapper Keepers	

Fourth Grade

1	supply box – large
30	yellow #2 pencils (not eagle or mechanical)
1	12-inch ruler – inches and metric markings
1	box Crayola crayons – 24 count
1	Elmer's glue – 8 oz
2	boxes Kleenex – 200 count
3	packages wide-spaced notebook paper
1	package Crayola fine point markers – 8 color

1	Fiskar scissor – sharp point
10	pocket folders (bold)
6	wide-ruled spiral notebooks (70 page)
1	roll paper towels
1	box colored pencils – 12 count
1	bottle waterless hand sanitizer (pump)
4	highlighters
1	box quart sized freeze lock baggies – girls
1	box gallon sized freeze lock baggies – boys
2	red pens
2	glue sticks
1	ream (500 count) 20# white copy paper
No notebooks or Trapper Keepers	

Fifth Grade

1	zipper pouch
12	#2 pencils
2	highlighters
2	red checking pens
1	box colored pencils – 12 count
1	3-inch, 3-ring binder
2	boxes Kleenex – 200 count
1	package of re-enforcements
5	folders with 3-brads and pockets
2	packages tab dividers with pockets
5	spiral notebook – 70 pages
1	packages wide lined paper
1	glue stick
1	roll paper towels
1	ream (500 count) white copy paper
No backpacks	



Please note

Supplies must be replenished throughout the year. Pre-kindergarten, kindergarten and first graders should bring a change of clothes to keep in their backpack in case of an accident and a large plastic bag to place wet garments in should the need arise.

NEW COMMANDER from P1

the reins in 2005. She was an instrumental force in the 2005 Base Realignment and Closure and Army Transformation on Fort Sam Houston that involved the construction of new buildings and preparation for the arrival of more than 12,000 new personnel, which includes Air Force and Navy personnel. She oversaw and supervised the building of new on-post housing to accommodate Soldiers and their Families and multiple Morale, Welfare and Recreation projects like the Fort Sam Houston Golf Course and Canyon Lake.

As Czerw addressed the audience of dignitaries, Soldiers and Family members, he noted her leadership and management skills and her loyalty and commitment to Soldiers and their Families, especially to wounded warriors.

"With your leadership, you set the conditions to allow this installation to be able to accommodate over \$2 billion worth of construction that is coming to you. You were able to allow us to transform our 'Home of Army Medicine,' to the 'Home of Military Medicine,' and a Brooke Army Medical Center that is right now a phenomenon, to even a better health care organization," said Czerw.

Czerw referred to Army values to describe Martinson. "There is no other individual that epitomizes, in my eyes, these values of loyalty, duty, respect, selfless service, honor, integrity and personal courage more than Col. Wendy Martinson.

"Wendy, you and your dream team have performed brilliantly. In this new era of change, you've charted a course through difficult waters. Future generations of Soldiers, retirees and Family members will reap the benefits of your work. You've left a legacy that you can be proud of. I am proud to have had this opportunity to work with you and learn from you," said Czerw.

Robinson was next to take the podium and echoed Czerw's appreciation for the work that Martinson did while serving as garrison commander.

"Wendy, as you depart Fort Sam Houston, you can recall with pride that you took on a difficult mission and accomplished that mission well. Your leadership, energy and vision clearly exemplify, 'Army Strong.' Fort Sam Houston and the Army have benefited from your leadership and I want to thank you," said Robinson.

In a heartfelt farewell speech, Martinson greeted the audience, praised the entire garrison for all of their hard work and dedication during her tenure and highlighted their accomplishments. She started her speech off by saying, "A mistake has been made, I'm not ready to go."

Martinson expanded on why she was proud and grateful of the leadership, Soldiers and civilians who served with her during her tenure, noting previous and present commanding generals of Fort Sam Houston and

Army Medical Department Center and School Maj. Gens. George Weightman and Russell Czerw; and IMCOM-West Director J. Randall Robinson.

"Every person who works, lives and visits Fort Sam Houston is touched by the work of the garrison. From the roads that you drive on, to the gates that you enter and exit from, to the connectivity of your computers, if you have received any of these services and many others, you have been touched by the people of this garrison. They are the same people who have been responsible for giving me every ounce of their effort for these past three years, they are an awesome team," said Martinson.

Martinson welcomed Garr and her family to Fort Sam Houston, and said, "You've have joined a fabulous team Mary. Your reputation has proceeded you and I know these people will be in good hands, good luck to you."

Czerw welcomed new commander Garr by saying, "We are blessed to have Mary Garr to continue to run with the ball. I believe fully that she is superbly qualified to take control of the garrison."

"You're inheriting a great team, which is well versed on the intricacies, challenges, and plans for our community's future. Because of the people on this team, this will continue to be a magnificent institution; with you on-board, we'll continue to improve. We all look forward to working with you," said Czerw.

Garr, who calls San Antonio home, recently served as chief of staff, Europe Regional Medical Command, Nachrichten Kaserne, Heidelberg, Germany. She greeted the audience and thanked Martinson and her husband Frank for welcoming their family back home.

"We are excited to be back here today and look forward to serving with you as the Fort Sam Houston garrison commander. I am truly invested in this community," the colonel said.

"Today, I see work to preserve Fort Sam Houston's great heritage and history while forging ahead to build Fort Sam Houston's exciting future in one of the fastest growing cities in America," said Garr.

Garr, went on to say that Martinson has done an amazing job in leading her team through the challenges which have led Fort Sam Houston to where it stands today. "I am truly honored to receive the mantel of command from Wendy today, and truly look forward as serving as your garrison commander and facing the challenges that Fort Sam Houston will see in the coming year."

Garr graduated from Georgetown University with a degree in international relations and a master's in health administration from Baylor University. Her military schooling includes the AMEDD Officer Basic Course, the AMEDD Officer Advanced Course, and Command and General Staff College.



Photos by Minnie Jones

Command Sgt. Maj. Pedro Class (left) prepares to render the guidon to Maj. Gen. Russell Czerw, (right, facing flag) commanding general, Fort Sam Houston and Army Medical Department Center and School, to begin a long-honored tradition symbolizing the continuity of authority as the command is passed from one individual to another. Col. Wendy Martinson (background) is the outgoing garrison commander and Col. Mary Garr (foreground) is the incoming commander.

Maj. Gen. Russell Czerw (right), commanding general, Fort Sam Houston and Army Medical Department Center and School, passes the flag to incoming Garrison Commander Col. Mary Garr. "This will continue to be a magnificent and great institution with you on board, and I look forward to working with you," said Czerw.



The honor guard stands at attention in front of the post's main flagpole during the change of command ceremony Tuesday. Col. Mary Garr assumed command of the U.S. Army Garrison Fort Sam Houston from outgoing commander Col. Wendy Martinson.



Spc. Leigh Birchfield presents a stuffed animal as a gift to Col. Wendy Martinson's grandson Trevor during the change of command Tuesday at the post's main flagpole.



Photo by Ed Dixon

Installation Management Command baseball caps and yellow roses were presented to Col. Mary Garr's children, Evan, Patrick and Gwendolyn, during the change of command Tuesday at the post's main flagpole.



Today, the Command Sergeant Major, the keeper of the command colors, will present the US Army Garrison colors to me for the last time during the change of command ceremony marking the completion of my three years as the Garrison Commander.

Fort Sam Houston is an enduring Army installation with increasing responsibilities supporting tenant commands and activities with worldwide missions.

The legacy that will transfer with the colors to your new commander, Colonel Mary Garr, is a result of the expertise, hard work and dedication of the military and civilian members of this Garrison.

I am proud of our implementation of the Army Medical Action Plan that provides Warriors in Transition and their Families with "SECOND TO NONE" support services they need to recover from injuries as a result of their service to our Nation.

Likewise, we remain steadfast in our commitment to provide the quality of life outlined in the Army Family Covenant which recognizes the sacrifices of every Family Member and their own service and dedication to the Army's missions.

We have spent considerable time these past three years planning for the largest building boom in the post's 132 year history. We are transforming Fort Sam Houston, and Camp Bullis. After completing construction and building renovation projects totaling \$2.35 billion, this military community will welcome new commands, more than 12,000 new personnel and approximately 5,000 new family members. Our continued stewardship of Camp Bullis will ensure its future as a premier training site for Soldiers, Marines, Sailors, and Airmen.

During the past three years we have sustained our reputation for setting the standard for excellence by always striving to do what is right for this military community.

It has been my privilege to have served as the Garrison Commander of Fort Sam Houston. I will forever look back on this treasured time as your Garrison Commander with fond memories.

I am honored to have worked with you to make Fort Sam Houston a better place to live and work. Thank you.

Wendy L. Martinson

Wendy L. Martinson
Colonel, US Army

Hometown News release forms now online

By Minnie Jones

Fort Sam Houston Public Information Office

Fort Sam Houston's Soldiers and civilians can now submit Hometown News releases online though the Public Affairs Web site.

The Hometown News program provides a link between Soldiers and their hometowns by highlighting their accomplishments such as promotions, awards, retirements or any other noteworthy events.

Previously, an individual wishing to submit a Hometown News release had to complete a hard copy of the DD Form 2266 and fax or mail it to the Public Affairs Office, which would then fax the form to the servicing agency.

The online form, which is now the preferred way to submit

a Hometown News release, allows for faster and more efficient processing. Now, all an individual has to do is go to the Web site, follow the instructions, complete the online form and click the sub-



mit button. The process only takes a few minutes and is as simple as one, two, three.

To access the online form, go to <http://www.samhouston.army.mil/publicaffairs/> and

click on the Hometown News release link.

Instructions are posted on how to complete the electronic form. After the form has been submitted, the Public Affairs Office here will quality check and transmit the form to the servicing agency. The agency will then prepare and distribute a news release to

local newspapers based on the hometown and Zip codes entered on the form.

For more information on the Hometown News release program, call 221-1139 or 221-0546.

Nurturing parenting class to begin for parents, children

By Sonia Greer

Family Advocacy Program Educator

Many Families are looking for the potential to build happy, healthy interactions among themselves as parents and their children. The Army Community Service Family Advocacy Program will offer the tools in a new class that will begin Sept. 4.

The Nurturing Parenting Program is a 12-week class that helps parents learn positive discipline techniques and develop appropriate expectations for children based on their developmental stages.

Sessions teach parents how to increase their empathy, communicate better, and strength-

The Nurturing Parenting Program is a 12-week class that helps parents learn positive discipline techniques and develop appropriate expectations for children based on their developmental stages.

en their stress and anger-management skills while children simultaneously attend a "child only" group where structured and play activities are individually designed to meet the needs of each developmental age.

The Nurturing Parenting Program philosophy includes key principles such as the impact of positive experiences on brain development, the powerful effect of appropriate expectation and alternate

ways to deal with discipline issues. These are just a few of many topics to be discussed.

Plan now to join this proof positive parenting class targeting Families with children from newborn to 5 years old, and learn the tools needed to gain new parenting strategies.

For more information or to sign up for both parent/child classes, call the New Parent Support Program at 221-0349 or 221-0346.



Garage Sale

The next Post Garage Sale will be held Aug. 2 from 7 a.m. to 1 p.m. in the parking lot of the Jimmy Brought Fitness Center. Participation is free, but sellers must pre-register. A valid Department of Defense ID card is required to participate.

Participants may bring their own tables or rent them on-site from the Outdoor Equipment Center. Table rentals will be on a first-come, first-served basis as supplies last. The selling of firearms, animals, arts and crafts, or food and beverage items is not permissible. For more information or to register, call 221-5224 or visit www.fortsamhoustonmwr.com.

Missions Baseball Military Appreciation Night

The San Antonio Missions will

host a Military Appreciation Night Aug. 6. Game time is 7:05 p.m. at Nelson W. Wolff Stadium. Vouchers for the game can be picked up at the Keith A. Campbell Memorial Library, Jimmy Brought Fitness Center, Hacienda Recreation Center and MWR Ticket Office. The vouchers must be redeemed for tickets at the San Antonio Missions Box Office Monday through Friday from 10 a.m. to 4 p.m. and Game Day from 10 a.m. throughout the game. Ticket vouchers may also be upgraded to better seats for a minimal fee. Stay tuned for information about the next Military Appreciation Night Aug. 20. For more information, call 221-2606 or visit www.fortsamhoustonmwr.com

Cash and Carry Sale

The next MWR Cash and Carry Sale will be held Sept. 3 from 9 a.m. to 3 p.m. at Building 4192, Bay A. The event is conducted on a first-come, first-served basis. Cash and personal checks with picture ID are acceptable forms of payment. All property must be removed from the warehouse at the time of the sale. All sales are final. Property is sold as is, where is. The following used items are available for sale: used TV armoires, desk chairs, wall mirrors, wall mount headboards, VCRs, computer desk with hutch, recliners,

lounge chair with ottoman, executive chairs, used golf clubs and bags, 7.2-cubic refrigerators, small replica furniture items from the post child-care center and more. There is no prior viewing of sale property. All property listed are to be issued to Non-Appropriated Fund Activities for continued use and may not be available on the sale dates. For more information, call 221-4449 or 221-4950.

Recreation and Leisure

Summer Reading Club

Sea World San Antonio has teamed up with the Keith A. Campbell Memorial Library for the library's Summer Reading Club. Join the club between now and Aug. 3 for the chance to win prizes. Read for an hour and earn one prize; the more you read the more prizes you earn. The Sea World prize drawing will be held Aug. 3. For more information, call 221-4702 or 221-4387 or visit the Fort Sam Houston MWR Web site at www.fortsamhoustonmwr.com.

2008 Military Long Drive

The MWR Long Drive Championship, presented by 7-Up, will be held Aug. 17 at 1 p.m. at the

Fort Sam Houston Golf Club. This one-day program is a qualified Long Drivers of America event and is open to active-duty service members, Reserve, National Guard, retirees and Family members 18 years and older with a valid military ID card. All competitors will compete in an open division. Women will be spotted 65 additional yards on their qualified drives. Prizes will be awarded for first through third place finishers. The top long drive competitors at each of the four geographical zones who record the longest drives will win an all-inclusive trip to compete in the military division at the RE/MAX Long Drive Championship in Mesquite, Nev. The participant who hits the longest qualified drive during the Military Division of the RE/MAX Long Drive championship will win \$10,000 and be featured on the ESPN coverage of the event. Competitors in the MWR Long Drive Championship will pay \$10 per try (six balls). Contestants can compete more than once pending time availability. For more information, call 222-9326 or visit www.mwrpromotions.org.

Bowling Leagues

Sign up now to participate in the fall bowling leagues at the Fort Sam Houston Bowling Center. Fall leagues begin in September. For more information on leagues and how to join, call 221-4740.

Dining and Entertainment

Coushatta Casino Resort Trip

The MWR Ticket Office and the Sam Houston Club will sponsor a trip

See MWR P20

Sesame Street comes to Fort Sam Aug. 10, 11

At Fort Sam Houston, The Sesame Street Experience for Military Families will be held Aug. 10 at 3 p.m. and Aug. 11 at 1 p.m. in the Army Community Service center, Building 2797, 2010 Stanley Road. Admission is free, and seating is available on a first-come, first served basis. The doors will open 30 minutes before showtime and goody bags will be distributed, along with souvenirs for the children.

The Sesame Street Experience will offer 60 minutes of entertainment, giveaways and outreach materials, as well as educating the military community about helping children cope with the challenges of homecomings, deployments and changes.



Featuring a live Sesame Street mini-show with special songs and dance, the experience will also offer Families free bilingual education material including compo-

nents from Sesame Street's "Talk, Listen, Connect" programs.

The free United Service Organizations/Sesame Street Workshop events are entertaining military Families and their children around the nation.

For more information about the Sesame Street Experience at Fort Sam Houston, call Army Community Service at 221-2705.

(Source: Army Community Service)

News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at <http://www.samhouston.army.mil/pao/default.html>. For more information, call 221-0615 or 221-1031.

MWR from P19

to the Coushatta Casino Resort in Kinder, La. The bus will depart from the Sam Houston Club Aug. 5 at 7 a.m. and return Aug. 6 at 10 p.m. The cost is \$49 per person and includes roundtrip motor coach transportation, overnight hotel accommodations, continental breakfast at hotel and one \$23 coupon from the casino. To attend, patrons must be at least 21 years old and have a valid photo ID on hand at all times. Make reservations at the ticket office by Aug. 1. For more information, call 226-1663 or 224-2721.

Texas Hold ‘Em Tournament

The next Texas Hold ‘Em Tournament will be held Aug. 8 starting at 6 p.m. at the Sam Houston Club. Registration for this one-day event is only \$20 and includes a special meal and unlimited soft drinks. Players must be at least 21 years old to participate. To reserve a seat or for more information, call the Sam Houston Club at 224-2721 or 226-1663.

MWR Ticket Office

Stop by the MWR Ticket Office for discounts on summer fun. The summer hours are Tuesday through Friday from 10 a.m. to 5 p.m., Saturday 10 a.m. to 2 p.m., closed Sunday and Monday. Come by for discount tickets on local and out of state locations. For more information, visit www.fortsamhoustonmwr.com or call 226-1663 or 224-2721.

Sam Houston Club Karaoke Fridays

The Sam Houston Club will offer free karaoke every Friday at 7 p.m. Practice vocals or just have fun with friends to celebrate the end of another long work week. For more information, call 224-2721.

Harlequin Dinner Theatre ‘A Month of Sundays’

The Harlequin Dinner Theatre presents the comedy “A Month of Sundays” by Bob Larbey through Aug. 9. Tickets are \$28 Wednesdays and Thursdays and \$31 Fridays and Saturdays. The doors open at 6:15 p.m. for salad bar and cocktails, with

a buffet from 6:30 to 7:30 p.m.; the show begins at 8 p.m. Military discounts are available. For more information or reservations, call 222-9694.

Child and Youth Services

CYS football, cheerleading registration

The Child and Youth Services Division of MWR will conduct registration for football and cheerleading through Aug. 8 at Central Registration. To enroll, patrons must have current immunizations and a sports physical that is valid the entire sport season. Activity fees are \$45 for flag football, \$60 for tackle football and \$50 for cheerleading. Enrollment is open to youth ages 5 to 14 (age as of Aug. 1). Central Registration is located in Building 2797 on Stanley Road; hours of operation are 8 a.m. to 4 p.m. Monday through Friday. For more information, call 221-4871 or 221-1723.

Parent Advisory Council

A Child and Youth Services Parent Advisory Council meeting will be held Aug. 19 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. PAC meetings are held the third Tuesday of each month. Lunch

will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, attend parent workshops and learn about upcoming events. For more information, call 221-4871 or 221-1723.

S.K.I.E.S.

The Child and Youth Services Schools of Knowledge, Inspiration, Exploration and Skills offers classes in various subjects, which include cooking, dance, fundamentals of baseball, martial arts, tennis and piano. For more information, call 221-4871.

Helpful information

The Garrison School Liaison Services Office is available to help make transitions for youth in school as trouble-free as possible. Visit www.fortsamhoustonmwr.com and check out the School Liaison Services page for a list of Web sites that contain helpful information for transitioning military Families. For more information, call 295-4806 or 221-2214.

Army Child Care in Your Neighborhood

Army Child Care in Your Neighborhood care options provide parents and guardians the same peace of mind as Family Child Care

and the Child Development Center. Participants in the ACCYN program must meet standards comparable to those required in on-post care, which includes ongoing training for various national accreditations and credentials. For more information on ACCYN, call Central Registration at 221-4871 or 221-1723 or visit www.fortsamhoustonmwr.com.

Volunteers for youth sports

Anyone interested in volunteering for youth sports can call the Youth Sports Program at 221-5513 or 221-3502 or Central Registration at 221-1725 for more information on the registration process. Background checks are required.

Army Community Service

Financial planning for first PCS move

Army Community Service Financial Planning will hold a mandatory class for all junior enlisted Soldiers (E-1 to E-4) for their first permanent change of station. The class will be held July 31 from 2 to 4 p.m. at ACS, Building 2797. The class will cover costs, allowances and entitlements associ-

See MWR P24

2007 Annual Drinking Water Quality Report

(Consumer Confidence Report)

FORT SAM HOUSTON CAMP BULLIS

Phone No: 210-221-0207

Special Notice for the ELDERLY, INFANTS, CANCER PATIENTS, people with HIV/AIDS or other immune problems:

Some people may be more vulnerable to contaminants in drinking water than the general population. Immune-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The EPA/Centers for Disease Control and Prevention (CDC) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

OUR DRINKING WATER IS REGULATED

by the Texas Commission on Environmental Quality (TCEQ) and they have determined that certain water quality issues exist which prevent our water from meeting all of the requirements as stated in the Federal Drinking Water Standards. Each issue is listed in this report as a violation and we are working closely with the TCEQ to achieve solutions.

WATER SOURCES: The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals, and in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity. Contaminants that may be present in source water before treatment include: microbes, inorganic contaminants, pesticides, herbicides, radioactive contaminants, and organic chemical contaminants.

En Español
Este informe incluye información importante sobre el agua potable. Si tiene preguntas o comentarios sobre este informe en español, favor de llamar al tel. (210) 221-6207. - para hablar con una persona bilingüe en español.

Public Participation Opportunities

Date: 8-F

Time: 8AM-5PM

Location: FSH BLDG. 4156 STE.13

Phone No: 210-221-0207

To learn about future public meetings (concerning your drinking water), or to request to schedule one, please call us.

Where do we get our drinking water?

Our drinking water is obtained from GROUND water sources. It comes from the following Lake/River/Reservoir/Aquifer: TRINITY GROUP. A Source Water Susceptibility Assessment for your drinking water source(s) is currently being updated by the Texas Commission on Environmental Quality and will be provided to us this year. The report will describe the susceptibility and types of constituents that may come into contact with your drinking water source based on human activities and natural conditions. The information contained in the assessment will allow us to focus our source water protection strategies. For more information on source water assessments and protection efforts at our system, please contact us.

ALL drinking water may contain contaminants.

When drinking water meets federal standards there may not be any health based benefits to purchasing bottled water or point of use devices. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the EPA's Safe Drinking Water Hotline (1-800-426-4791).

Secondary Constituents

Many constituents (such as calcium, sodium, or iron) which are often found in drinking water, can cause taste, color, and odor problems. The taste and odor constituents are called secondary constituents and are regulated by the State of Texas, not the EPA. These constituents are not causes for health concern. Therefore, secondaries are not required to be reported in this document but they may greatly affect the appearance and taste of your water.

About The Following Pages

The pages that follow list all of the federally regulated or monitored contaminants which have been found in your drinking water. The U.S. EPA requires water systems to test for up to 97 contaminants.

DEFINITIONS

Maximum Contaminant Level (MCL)
The highest permissible level of a contaminant in drinking water. MCLs are set as close to the MCLG as feasible using the best available treatment technology.

Maximum Contaminant Level Goal (MCLG)
The level of a contaminant in drinking water below which there is no known or expected health risk. MCLGs allow for a margin of safety.

Maximum Residual Disinfectant Level (MRDL)
The highest level of disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Maximum Residual Disinfectant Level Goal (MRDLG)
The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contamination.

Treatment Technique (TT)
A required process intended to reduce the level of a contaminant in drinking water.

Action Level (AL)
The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

ABBREVIATIONS

NTU - Nephelometric Turbidity Units
MFL - million fibers per liter (a measure of asbestos)
pCi/L - picocuries per liter (a measure of radioactivity)
ppm - parts per million, or milligrams per liter (mg/L)
ppb - parts per billion, or micrograms per liter (µg/L)
ppt - parts per trillion, or nanograms per liter
ppq - parts per quadrillion, or picograms per liter

See DRINKING WATER REPORT P22

MWR from P20

ated with a PCS move. The class must be taken no later than 60 days before out-processing from the unit. For more information, call Doris Planas, Financial Readiness, at 221-1612.

Getting ready for childbirth

Army Community Service Family Advocacy New Parent Support Program will hold a class for women and their partners preparing for childbirth Aug. 1 from 9 a.m. to 12 p.m. at ACS, Building 2797. The class will prepare the new parents for the childbirth experience and a copy of "Prepared Childbirth, the Family Way" will be given to participants when available. For more information, call 221-0349 or 221-2418.

Unit Family Readiness Training

The Army Community Service Mobility and Deployment Program will hold a Unit Family Readiness Training Aug. 4 from 9 to 10 a.m. at Army Community Service, Building 2797. This training defines the phases of the deployment cycle, identifies stresses, and Soldier and Family issues related to deployment. The class will also review the Family Readiness tasks of the battalion rear detachment commander in each phase of the deployment cycle. Register no later than July 31 at 4 p.m. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Women Encouraging Women

The Army Community Service Family Advocacy Program will hold a Women Encouraging Women Seminar Aug. 5 from 12 to 1 p.m. at Building

2750. The major topics will be women in transition, dealing with maintenance level: low or high; goal setting; the assertive woman; and expectations: realistic vs. unrealistic. Sign up early, bring a lunch, make new friends and grow your potential. For more information or to sign up, call 221-0349 or 221-0600.

Basics of breastfeeding

Army Community Service Family Advocacy New Parent Support Program will hold a Basics of Breastfeeding class Aug. 5 from 12 to 1:30 p.m. at ACS, Building 2797. This class provides current information and tips to make the early days of breastfeeding a positive experience. Attendees will receive the book "The Womanly Art of Breastfeeding." For more information, call 221-0349.

Army Family Team Building

Army Family Team Building classes are offered on a quarterly basis. The AFTB summer schedule is as follows: AFTB Level One class — Aug. 4 and 5 from 9 a.m. to 2 p.m.; Level III — Sept. 8 to 11 from 3:30 to 9 p.m.; and AFTB instructor training - Aug. 18 to 20 from 9:30 a.m. to 3 p.m. A student spouse orientation is also offered each month, with an opportunity to sign up for Level I classes and work with Family Readiness Groups to teach classes. The classes are held at Army Community Service, Building 2797. The classes are open to active and Reserve Soldiers, Family members, and civilian employees and their Family members. AFTB encourages the Army Family to learn about Army life. For more information or to register, call the AFTB Program at 221-2705 or e-mail emmy.elliott@conus.army.mil.

For Sale Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

For Sale: Two twin beds with removable rails and drawer underneath, \$150 each; Kenmore washer and dryer, \$100 each; green futon chair with ottoman, \$75; Scotts lawn spreader; \$15; rosewood coffee table, \$50. Call Julie at 348-9617.

For Sale: Whirlpool electric stove, new, black and white, \$350; Whirlpool dishwasher, new, black, \$300; Whirlpool dryer, \$75; small refrigerator, 12 cubic feet, \$75; other household items. Call 915-545-3748, leave message.

For Sale: Paper shredder, Power Shred PS30, \$10; COMPAQ keyboard and mouse, model SDM45 40ul, COMPAQ color monitor, model MV540, make an offer. Call 653-5302.

For Sale: Programmable Honeywell digital thermostat, home A/C, \$30. Call 221-3549.

For Sale: Polish pottery dinnerware, includes 12 dinner plates, seven lunch plates, five soup/cereal bowls, assorted mugs and three serving bowls, \$100. Call

221-5501.

For Sale: Electrical wheelchair, Jet 1 Pride, \$700. Call 662-8767.

For Sale: Pride chair lift, new, \$1,200. Call Duane at 653-3286.

For Sale: Air dynamic covered trailer, 6 feet by 4 feet, hauled by small truck or SUV, used for light moving, \$500 obo. Call 493-2828, leave message.

For Sale: Golf clubs, 3-9 PW, SW 1-3-5 woods, \$135 and \$160; HAM radios, one transceiver and one receiver, \$125 and \$175. Call 227-6590 or 414-8265.

For Sale: Wide variety plants and flowers such as roses from California, Pride of Barbados, palm trees, crepe myrtles and red oaks, price negotiable. Call 843-5524.

For Sale: Little Tykes play center with slide, good condition, \$100; twin captain's bed with three drawers and bookcase headboard, one drawer broken; \$90; Murray lawnmower, 20 inch, 3.5 hp, \$75. Call 379-5807.